

July 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
25	26	27	28	29	30	1	
2 Football 6PM	3 XC HS Girls/ALL MS 7 AM XC HS Boys 7:30 AM HS Girls Basketball 9:15AM. MS Girls Basketball 10:15AM	4 Happy 4th of July	5 HS Girls (Non SB) 6:15 AM HS Boys 6:45 AM (SB) Girls 7:15 AM MS (B/G) Weights 8 AM XC HS Girls/ALL MS 7 AM XC HS Boys 7:30 AM HS Girls Basketball 9:15AM. MS Girls Basketball 10:15AM	6 HS Girls (Non SB) 6:15 AM HS Boys 6:45 AM (SB) Girls 7:15 AM MS (B/G) Weights 8 AM VB Open Gym (MS) 9:30 VB Open Gym (HS) 10:30 (B) Basketball (HS) 9:15 (B) Basketball (MS) 10:15 XC HS Girls/ALL MS 7 AM XC HS Boys 7:30 AM Wrestling (MS/HS) 6pm	7 HS Girls (Non SB) 6:15 AM HS Boys 6:45 AM (SB) Girls 7:15 AM MS (B/G) Weights 8 AM XC All Levels 7:30 AM	8	
9 Football 6PM	10 HS Girls (Non SB) 6:15 AM HS Boys 6:45 AM (SB) Girls 7:15 AM MS (B/G) Weights 8 AM XC HS Girls/ALL MS 7 AM XC HS Boys 7:30 AM HS Girls Basketball 9:15AM. MS Girls Basketball 10:15AM	11 HS Girls (Non SB) 6:15 AM HS Boys 6:45 AM (SB) Girls 7:15 AM MS (B/G) Weights 8 AM Speed Camp HS (8:30-9:30) Speed Camp 4-7 (10-11) VB Open Gym (MS) 9:30 VB Open Gym (HS) 10:30 (B) Basketball (HS) 9:15 (B) Basketball (MS) 10:15 XC HS Girls/ALL MS 7 AM XC HS Boys 7:30 AM Wrestling (MS/HS) 6pm	12 HS Girls (Non SB) 6:15 AM HS Boys 6:45 AM (SB) Girls 7:15 AM MS (B/G) Weights 8 AM XC HS Girls/ALL MS 7 AM XC HS Boys 7:30 AM HS Girls Basketball 9:15AM. MS Girls Basketball 10:15AM	13 HS Girls (Non SB) 6:15 AM HS Boys 6:45 AM (SB) Girls 7:15 AM MS (B/G) Weights 8 AM Speed Camp HS (8:30-9:30) Speed Camp 4-7 (10-11) VB Open Gym (MS) 9:30 VB Open Gym (HS) 10:30 (B) Basketball (HS) 9:15 (B) Basketball (MS) 10:15 XC HS Girls/ALL MS 7 AM XC HS Boys 7:30 AM Wrestling (MS/HS) 6pm	14 XC All Levels 7:30 AM	15	
16 Football 6PM	17 HS Girls (Non SB) 6:15 AM HS Boys 6:45 AM (SB) Girls 7:15 AM MS (B/G) Weights 8 AM XC HS Girls/ALL MS 7 AM XC HS Boys 7:30 AM HS Girls Basketball 9:15AM. MS Girls Basketball 10:15AM	18 HS Girls (Non SB) 6:15 AM HS Boys 6:45 AM (SB) Girls 7:15 AM MS (B/G) Weights 8 AM Speed Camp HS (8:30-9:30) Speed Camp 4-7 (10-11) VB Open Gym (MS) 9:30 VB Open Gym (HS) 10:30 (B) Basketball (HS) 9:15 (B) Basketball (MS) 10:15 XC HS Girls/ALL MS 7 AM XC HS Boys 7:30 AM Wrestling (MS/HS) 6pm	19 HS Girls (Non SB) 6:15 AM HS Boys 6:45 AM (SB) Girls 7:15 AM MS (B/G) Weights 8 AM XC HS Girls/ALL MS 7 AM XC HS Boys 7:30 AM HS Girls Basketball 9:15AM. MS Girls Basketball 10:15AM	20 HS Girls (Non SB) 6:15 AM HS Boys 6:45 AM (SB) Girls 7:15 AM MS (B/G) Weights 8 AM Speed Camp HS (8:30-9:30) Speed Camp 4-7 (10-11) VB Open Gym (MS) 9:30 VB Open Gym (HS) 10:30 (B) Basketball (HS) 9:15 (B) Basketball (MS) 10:15 XC HS Girls/ALL MS 7 AM XC HS Boys 7:30 AM Wrestling (MS/HS) 6pm	21 XC All Levels 7:30 AM	22	
23	24 Dead Week	25 Dead Week	26 Dead Week	27 Dead Week	28 Dead Week	29	
30	31 Volleyball Camp: K-2nd 8-9 AM. 3rd-6th 9-10:30 AM	<p>Notes</p> <p>Please go by the grade level your student will be in the 2023-24 school year. All times and locations may be found on bound.</p>					