

# School Wellness Policy Building Assessment Tool

School Name: High School  
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This tool is to be completed to document each school's progress in meeting the expectations of the district's wellness policy. Schools should document the steps that have or will be taken. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of all goals.

Wellness Policy Language <i>(add more lines for goals as needed and change goal titles based on local policy language)</i>	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges and/or barriers of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
<b>Nutrition Education and Promotion Goals</b>					
1. Healthy Meal Choices in Place	x				Will continue to review/update
2. Team Nutrition	x			Limited interaction time with kids	
3. Nutrition Information	x				Review and update of links
4.					
<b>Physical Education and Physical Activity Goals</b>					
1. PE being done under HKA requirements	x				Yoga, aerobics offered in PE
2. Elementary Students receive 30 mins/day	N/A				
3. Secondary Students received 120 mins/wk	x			Requires some contracted activity outside the school day	
4.					
<b>Nutrition Guidelines for All Foods Available to Students</b>					
1. New Building Vending will meet HKA	X				Continue product reviews
2. Classroom Snack standards	X			Teachers insure compliance	
3. Students carry water	x			Water stations installed	
4.					
<b>Other School Based Activities Goals</b>					
<b>Integrating Physical Activity into the Classroom Settings</b>					
1. Yoga, Aerobics offered to students	x				Ongoing
2. Health class integrates activity	x				Ongoing
3. Students participate in Governor's Walk	x				
4.					

<b>Communication with Parents</b>					Via website
1.					
2.					
3.					
4.					
<b>Food Marketing in Schools</b>					
1.					
2.					
3.					
<b>Staff Wellness</b>					
1.					
2.					