

School Wellness Policy Building Assessment Tool

School Name: Garfield K-8
tdebolt@clarindacsd.org

District Wellness Contact Name/E-mail: Traci DeBolt

This tool is to be completed to document each school's progress in meeting the expectations of the district's wellness policy. Schools should document the steps that have or will be taken. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of all goals.

Wellness Policy Language <i>(add more lines for goals as needed and change goal titles based on local policy language)</i>	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges and/or barriers of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
Nutrition Education and Promotion Goals					
1. Healthy Meal Choices in Place	x				Will continue to review/update
2. Team Nutrition	x			Time not available to do activities	
3. Nutrition Information	x				Review and update of links
4.					
Physical Education and Physical Activity Goals					
1. PE being done under HKA requirements	x				Classroom movement encouraged also
2. Elementary Students receive 30 mins/day	x				
3. Secondary Students received 120 mins/wk	N/A				
4.					
Nutrition Guidelines for All Foods Available to Students					
1. New Building Vending will meet HKA	X				Continue product reviews
2. Classroom Snack standards	X			Teachers insure compliance	
3. Students carry water	x			Water stations installed	
4.					
Other School Based Activities Goals					
Integrating Physical Activity into the Classroom Settings					
1. Daily Stretching, yoga, meditation offered in class	x				Ongoing
2. Value of exercise is taught in classrooms	x				Ongoing
3.					
4.					

Communication with Parents					Via website
1.					
2.					
3.					
4.					
Food Marketing in Schools					
1.					
2.					
3.					
Staff Wellness					
1.					
2.					