

**October High School Lunch Menu
High School**

Clarinda High School

Monday	Tuesday	Wednesday	Thursday	Friday
<p align="right">2</p> <p>Chicken Drumstick French Bread Pizza Corn, creamed Peas Mixed Fruit Kiwi Fruit Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>	<p align="right">3</p> <p>Taco Breakfast - Breakfast Pizza Carrot, baby Italian Blend Veg Pears Cinnamon Apples, warm Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>	<p align="right">4</p> <p>Calzone, Three Cheese Ham & Cheese Wrap Winter Mix Veg Italian Pasta Salad Peaches Mixed Berry Cup Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>	<p align="right">5</p> <p>Bosco Sticks and Sauce-2 Chicken Alfredo Pasta Baked Beans Carrot, glazed Pineapple Tidbits Applesauce, Straw. Cup Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>	<p align="right">6</p> <p>BBQ Rib /Mac & Cheese Crispitos 4-6 Cauliflower, steamed Broccoli & Cheese Apple Juice Grapes Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>
<p align="right">9</p> <p>Pork Loin on WG Bun Cardinal Chicken Wrap Baked Beans Carrot, baby Peach cup Mixed Fruit Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>	<p align="right">10</p> <p>Corndog on a Stick Walking Taco Broccoli Normandy Lettuce Tomatoes, Cherry Mandarin Oranges Apricots Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>	<p align="right">11</p> <p>Chicken Fried Steak/Bun Turkey Croissant WG Corn Sweet Potatoes Applesauce Cup Frozen strawberries Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>	<p align="right">12</p> <p>Pizza, Taco, Fiestada Pasta and Meat Sauce Italian Blend Veg Hash Brown Patty Pears Banana Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>	<p align="right">13</p> <p>Crispitos HS Fish Sandwich French Fries Green Beans Peaches Grapes Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>
<p align="right">16</p> <p>Teddees Pulled Pork Taco Grilled Cheese Baked Beans Cole Slaw Pineapple Tidbits Juice Cup or Box Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>	<p align="right">17</p> <p>Shrimp Bites Brk.-Sausage/Egg/Chs Sandwich Tater Tots Carrot, diced Apple Crisp WG Tropical Fruit Cup Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>	<p align="right">18</p> <p>Beef Fingers (6) Orange Chicken on Rice Corn Broccoli & Cheese Banana Clementine Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>	<p align="right">19</p> <p>Hamburger Chicken Cheese Burrito Potato AuGratin Bush's Southwestern Beans Raisins Kiwi Fruit Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>	<p align="right">20</p> <p>White Chicken Chili/Cinnamon Roll Bratwurst on Bun Potato Smiles Garden Salad Apple, fresh sliced or whole Fruit Salad Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>
<p align="right">23</p> <p>Salisbury Steak Pizza Cheese Crunchers Mashed Potatoes Broccoli Salad Strawberry Applesauce Craisins Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>	<p align="right">24</p> <p>Beef Nachos Quesadilla Refried Beans Italian Pasta Salad Orange Smiles (4) Pineapple Tidbits Salsa, prepared Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>	<p align="right">25</p> <p>Footlong Dog on Bun Buffalo Ckn Stuffed Sandwich Cardinal Fries Bush's Ranch Beans Mixed Fruit Kiwi Fruit Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>	<p align="right">26</p> <p>Chicken Patty on WG Bun BBQ Beef Sandwich Cauliflower and Cheese Sauce Carrot, diced Tropical Fruit Cup Cinnamon Apples, warm Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>	<p align="right">27</p> <p align="center">No school today</p>
<p align="right">30</p> <p>Popcorn Chicken Bowl-HS Sloppy Joe on WG bun Corn Baked Beans Mandarin Oranges Juice Cup or Box Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>	<p align="right">31</p> <p>Chicken Noodle Soup Tornados Peas & Carrots Sweet Potato Fries Pineapple Tidbits Strawberries, Fresh Tea Roll WG Milk Skim Milk, chocolate skim Uncrustable & Cheese</p>			

MENUS SUBJECT TO CHANGE DUE TO AVAILABILITY OF PRODUCTS