

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Sep 1**

Choice of one entree  
Scrambled Egg/Sausage and Toas  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, 2 oz  
Bagel  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 4**

No school today

**Sep 5**

Choice of one entree  
Breakfast Burrito  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, asstd.  
Bagel  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 6**

Choice of one entree  
Biscuit and Gravy  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, asstd.  
Yogurt Parfait  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 7**

Choice of one entree  
Breakfast Pizza  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, asstd.  
Bagel  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 8**

Choice of one entree  
Omelet, Sausage and Toast  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, asstd.  
Bagel  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 11**

Choice of one entree  
Pancakes and sausage links  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, asstd.  
Bagel  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 12**

Choice of one entree  
Tornados  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, asstd.  
Bagel  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 13**

Choice of one entree  
French Toast Sticks & Syrup  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, asstd.  
Yogurt Parfait  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 14**

Choice of one entree  
Breakfast Pizza  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, asstd.  
Bagel  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 15**

Choice of one entree  
Ham & Egg on Bun  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, asstd.  
Bagel  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 18**

Choice of one entree  
Power Bites Potato/Saus/Egg  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, asstd.  
Bagel  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 19**

Choice of one entree  
Breakfast Bowl  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, asstd.  
Bagel  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 20**

Choice of one entree  
Breakfast Bar and Sausage  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, asstd.  
Yogurt Parfait  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 21**

Choice of one entree  
Breakfast Pizza  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, asstd.  
Bagel  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 22**

Choice of one entree  
Sausage & Egg on Bun  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, asstd.  
Bagel  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 25**

Choice of one entree  
Waffles and Syrup  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, asstd.  
Bagel  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 26**

Choice of one entree  
Brk -Scr. Egg/Bacon/Chs/Toast  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, asstd.  
Bagel  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 27**

Choice of one entree  
Cinnamon Roll & Cheesestick  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, asstd.  
Yogurt Parfait  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 28**

Choice of one entree  
Breakfast Pizza  
Pop tart, whole grain 2 pack  
Muffin, WG Choc Chip, scratch  
Cereal, asstd.  
Bagel  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim

**Sep 29**

Choice of one entree  
Breakfast Casserole and Toast  
Pop tart, whole grain 2 pack  
Cereal, asstd.  
Muffin, WG Choc Chip, scratch  
Bagel  
Fruit- Canned or Fresh  
Juice Cup or Box  
Milk, chocolate skim  
Milk Skim